

CAPITAL DANCE STUDIOS

2021 - Please contact us before enrolling in your classes

MON			TUES			WED			THURS			FRI			SAT		
	STUDIO 1	STUDIO 2		STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2	STUDIO 1	STUDIO 2		STUDIO 1	STUDIO 2		STUDIO 1	STUDIO 2		
345PM	Tiny Ballet 1 Aisha/Sass		345PM	Petite Jazz 1 Hayly/Kim	Tiny Ballet 3 TBC	Tiny Hip Hop Briony	Petite Ballet Sass	Pre-Jnr/Jnr Tap Amy	Tiny Tap Hayly	400PM	Jnr Hip Hop Lil	Pre-Inter Tap Rachel	945AM	Petite jazz 2 Mackenzie	Tiny Ballet 2 Aisha/Kim		
430PM	Tinys Jazz Lauren	Pre-Inter Conditioning	430PM	Hip Hop Essentials Robert	Pre-Inter MT Amy	Pre-Junior Jazz Briony	Elementary Hip Hop Lil	Junior Jazz Lauren	Inter/Senior MT Amy	500PM	Jnr MT Lil	Inter/Snr Tap Rachel	1030AM	Junior Ballet Mackenzie	Tiny Jazz 2 Sass/Aisha		
530PM	Inter Troupe	Pre-Inter Troupe	530PM	Pre-Inter/Inter Hip Hop Robert	Pointe 5:15 start Georgii	Elementary Jazz Lil	Pre-Inter Ballet Mackenzie	Inter Jazz Cleo/Amy	Pre-Inter Fusion Lauren	600PM	STUDIO HIRE	STUDIO HIRE	1130AM	Dev Troupe Lauren			
700PM	Troupe Technique Inter/Senior	Open Jazz Cleo	630PM	Adv Hip Hop Daniel Chen	Beg Heels 15+ Amy	Pre-Inter Jazz Cleo	Intro to Ballet Mackenzie	Inter Ballet Georgii	Snr Jazz Cleo		STUDIO HIRE	STUDIO HIRE	1230PM	Elem Jazz 2 Mack			
800PM	Senior Troupe	Mature Troupe	730PM	Inter/Senior Lyrical Amy	Teen Hip Hop Daniel Chen	Teen Jazz Cleo	Adult Class Hali	Snr/Open Ballet Georgii	Inter Contemporary Nick						STUDIO HIRE		
			830PM	Adv Heels Amy	Teen Fusion Lil	Dev Troupe Cleo	Strength & Flex Hali	Snr/Open Contemp Nick									

Petite =3-5 | Tiny =5-7 | Pre-Junior =7-9 | Junior = 8-10 | Pre-Inter = 10-12 | Inter =13-14 | Senior = 15+ | Open = 18+
Elementary = 8-12